OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Open AAA/Major Abdominal General Orders

| | PHYSICIAN ORDERS | | |
|-------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------|
| Diagnosis | | | |
| Weight | Allergies | | |
| | Place an "X" in the Orders column to designate orders of choice A | ND an "x" in the specific order | r detail box(es) where applicable. |
| ORDER | ORDER DETAILS | | |
| | Patient Care | | |
| | Vital Signs ☐ Per Unit Standards | | |
| | Maintain Gastric Tube ☐ Maintain Nasogastric - NG, Low Intermittent Suction | ☐ Maintain Nasogastric - NG | , Low Constant Suction |
| | Urinary Catheter Care | | |
| | Strict Intake and Output | Per Unit Standards | |
| | Perform Neurovascular Checks ☐ q1h, X 24 hrs then q4h | | |
| | Daily Weight | | |
| | Patient Activity ☐ Bedrest ☐ Up Ad Lib/Activity as Tolerated Assist as Needed ☐ Bathroom Privileges | Up in Chair Up to Bedside Commode C | Only |
| | Instruct Patient ☐ Instruct Patient On: Incentive spirometry | | |
| | Instruct to Turn, Cough, & Deep Breath ☐ q2h, while awake | | |
| | Perform Range of Motion Exercises ☐ q2h, while awake | | |
| | Apply Sequential Compression Device Apply to Bilateral Lower Extremities Apply to Right Lower Extremity (RLE) | Apply to Left Lower Extrem | nity (LLE) |
| | Wound Care by Nursing ☐ Change PRN, with the first dressing change within the first 24hrs pos | st-op. | |
| | Communication | | |
| | Notify Provider/Primary Team of Pt Admit ☐ Upon Arrival to Floor/Unit | | |
| | Notify Provider of VS Parameters | | |
| | Notify Provider (Misc) ☐ Reason: If Hemoglobin is less than 10% | | |
| | Notify Provider (Misc) Reason: Before initiating IV fluid with KCL on renal impaired patients | s with a creatinine greater than 2 | |
| | Dietary | | |
| | NPO Diet □ NPO | | |
| | | | |
| □ то | ☐ Read Back | Scanned Powerchart | Scanned PharmScan |
| Order Take | n by Signature: | Date | Time |
| Physician S | Signature: | Date | Time |

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Open AAA/Major Abdominal General

Patient Label Here

| | | CIAN ORDERS | |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|------------------------------------|
| | Place an "X" in the Orders column to designate orders of choice | AND an "x" in the specific orde | r detail box(es) where applicable. |
| ORDER | ORDER DETAILS | | |
| | Oral Diet ☐ Regular Diet ☐ Full Liquid Diet ☐ Renal Diet | ☐ Clear Liquid Diet☐ Mechanically Altered Diet | |
| | ADA Diet | | |
| | IV Solutions | | |
| | LR ☐ IV, 75 mL/hr ☐ IV, 150 mL/hr | ☐ IV, 125 mL/hr ☐ IV, 200 mL/hr | |
| | D5 1/2 NS ☐ IV, 75 mL/hr ☐ IV, 150 mL/hr | ☐ IV, 125 mL/hr ☐ IV, 200 mL/hr | |
| | 1/2 NS ☐ IV, 75 mL/hr ☐ IV, 150 mL/hr | ☐ IV, 125 mL/hr ☐ IV, 200 mL/hr | |
| | ***If patient has renal impairment (creatinine greater than 2) notify phy potassium*** | /sician before initiating IV fluids w | ith |
| | D5 1/2 NS + 20 mEq KCI/L ☐ IV, 75 mL/hr ☐ IV, 150 mL/hr | ☐ IV, 125 mL/hr ☐ IV, 200 mL/hr | |
| | ***If patient has renal impairment (creatinine greater than 2) notify phypotassium*** | sician before initiating IV fluids w | îth |
| | 1/2 NS + 20 mEq KCI/L ☐ IV, 75 mL/hr ☐ IV, 150 mL/hr | ☐ IV, 125 mL/hr ☐ IV, 200 mL/hr | |
| | Medications | | |
| | Medication sentences are per dose. You will need to calculate a GI Prophylaxis | total daily dose if needed. | |
| | famotidine ☐ 20 mg, PO, tab, BID | 20 mg, IVPush, inj, BID | |
| | Antibiotics | | |
| | ceFAZolin 1 g, IVPush, inj, q8h, x 2 dose, Pre-OP/Post-Op Prophylaxis Reconstitute with 10 mL of Sterile Water or NS Administer IV Push over 3 minutes Continued on next page | | |
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| Order Take | n by Signature: | Date | Time |
| Physician S | Signature: | Date | Time |

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Patient Label Here

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Open AAA/Major Abdominal General Orders

| | PHYSICIAN ORDERS | |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------|--|
| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | |
| ORDER | ORDER DETAILS | |
| | clindamycin ☐ 600 mg, IVPB, ivpb, q6h, x 3 dose, Infuse over 30 min, Pre-OP/Post-Op Prophylaxis | |
| | vancomycin ☐ 1,000 mg, IVPB, ivpb, q24h, x 1 dose, Infuse over 90 min, Pre-OP/Post-Op Prophylaxis | |
| | Laboratory | |
| | CBC ☐ STAT, T;N | |
| | CBC ☐ Next Day in AM, Every AM for 2 days | |
| | Basic Metabolic Panel ☐ STAT, T;N | |
| | Basic Metabolic Panel Next Day in AM, Every AM for 2 days | |
| | Calcium Level STAT, T;N | |
| | Calcium Level Next Day in AM, Every AM for 2 days | |
| | Phosphorus Level STAT, T;N | |
| | Phosphorus Level Next Day in AM, Every AM for 2 days | |
| | Magnesium Level ☐ STAT, T;N | |
| | Magnesium Level ☐ Next Day in AM, Every AM for 2 days | |
| | Prothrombin Time with INR ☐ STAT, T;N | |
| | PTT □ STAT, T;N | |
| | Respiratory | |
| | Oxygen Therapy I Keep sats greater than %: 90 | |
| | Additional Orders | |
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Patient Label Here

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Open AAA/Major Abdominal Post-Op Day 1

| | PHYSICI | AN ORDERS | |
|-------------|-------------------------------------------------------------------------------------|-------------------------------------|-------------------------------|
| | Place an "X" in the Orders column to designate orders of choice A | ND an "x" in the specific order det | ail box(es) where applicable. |
| ORDER | ORDER DETAILS | | |
| | Patient Care | | |
| | ICU Progressive Mobility Guidelines ***See Reference Text*** | | |
| | Patient Activity Up in Chair | | |
| | Discontinue Gastric Tube DC Nasogastric - NG | | |
| | Discontinue PA Catheter | | |
| | Perform Neurovascular Checks | | |
| | Strict Intake and Output | | |
| | ***Physician/PA/NP must document the reason to maintain Foley if not | DC'd.*** | |
| | Do NOT DC Foley | | |
| | Discontinue Urinary Catheter DC Foley | | |
| | Communication | | |
| | Notify Provider (Misc) Reason: Reason: Urinary output less than 125 mL in 4 hours. | | |
| | Dietary | | |
| | NPO Diet NPO, Except Ice Chips | | |
| | Medications Medication sentences are per dose. You will need to calculate a to | atal daily dose if peoded | |
| | metoclopramide 10 mg, IVPush, inj, q6h, x 48 hr | tal daily dose if fleeded. | |
| | Clinic Eval and Management | | |
| | Oline Eval and Management | | |
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| Order Take | en by Signature: | Date | Time |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Post-Op Day 2

| | | CIAN ORDERS | |
|-------------|---------------------------------------------------------------------------|----------------------------------|----------------------------------|
| Т | Place an "X" in the Orders column to designate orders of choice | AND an "x" in the specific order | detail box(es) where applicable. |
| ORDER | ORDER DETAILS | | |
| | Patient Care | | |
| | Patient Activity Out of Bed, with walking | | |
| | ***Physician/PA/NP must document the reason the maintain Foley if n | not DC'd.*** | |
| | Do NOT DC Foley | | |
| | Discontinue Urinary Catheter ☐ DC Foley | | |
| | Discontinue PA Catheter | | |
| | Ambulate Patient ☐ QID | | |
| | Dietary | | |
| | NPO Diet ☐ NPO, Except Ice Chips | | |
| | Medications | | |
| | Medication sentences are per dose. You will need to calculate a bisacodyl | total daily dose if needed. | |
| | 10 mg, rectally, supp, ONE TIME, this AM. | | |
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| Physician S | Signature: | Date | Time |

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: Open AAA/Major Abdominal Post-Op Day 3

Patient Label Here

PHYSICIAN ORDERS Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. ORDER ORDER DETAILS Communication ***Reminder to begin patients home meds*** **OK to Resume Orders for Home Medications** Dietary Oral Diet Clear Liquid Diet ☐ Clear Liquid Diet, Advance as tolerated to Full Liquid Clear Liquid Diet, Advance as tolerated to Regular Notify RT DC Oxygen therapy if room air sats greater than or equal to 90%. **Physical Medicine and Rehab** Consult PT Mobility for Eval & Treat □то ☐ Read Back ☐ Scanned Powerchart ☐ Scanned PharmScan Order Taken by Signature: ___ ___Time ___ Physician Signature: _ Date _

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN

Patient Label Here

| - F | Phase: DISCOMFORT MED PLAN | |
|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | |
| | PHYSIC | IAN ORDERS |
| | Place an "X" in the Orders column to designate orders of choice A | AND an "x" in the specific order detail box(es) where applicable. |
| ORDER | ORDER DETAILS | |
| | Patient Care | |
| | Perform Bladder Scan ☐ Scan PRN, If more than 250, Then: Call MD, Perform as needed fo distention present OR 6 hrs post Foley removal and patient has not ☐ See Reference Text for Guidelines | |
| | ***If VTE Pharmacologic Prophylaxis not given, choose the Contraindi cated*** | cations for VTE below and complete reason contraindi |
| | Contraindications VTE Active/high risk for bleeding Patient or caregiver refused Anticipated procedure within 24 hours | ☐ Treatment not indicated ☐ Other anticoagulant ordered ☐ Intolerance to all VTE chemoprophylaxis |
| | Apply Elastic Stockings Apply to: Bilateral Lower Extremities, Length: Knee High Apply to: Right Lower Extremity (RLE), Length: Knee High Apply to: Left Lower Extremity (LLE), Length: Thigh High | Apply to: Left Lower Extremity (LLE), Length: Knee High Apply to: Bilateral Lower Extremities, Length: Thigh High Apply to: Right Lower Extremity (RLE), Length: Thigh High |
| | Apply Sequential Compression Device Apply to Bilateral Lower Extremities Apply to Right Lower Extremity (RLE) | ☐ Apply to Left Lower Extremity (LLE) |
| | Apply Pedal Pump Apply to Bilateral Feet Apply to Right Foot | ☐ Apply to Left Foot |
| | | |
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| Order Take | n by Signature: | Date Time |

Date

____Time _

Physician Signature:

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

| | PHYSICIAN ORDERS | | |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-----------------------------------|
| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | |
| ORDER | ORDER DETAILS | | |
| | Medications | | |
| | Medication sentences are per dose. You will need to calculate a total | al daily dose if needed. | |
| | ***Recommended Trauma Dose = 40 mg, subcut, q12h*** ***Recommended Dose for Morbidly Obese Patients = 40 mg, subcut, q1 | — | , lozenge, q4h, PRN sore throat |
| | dextromethorphan-guaiFENesin (dextromethorphan-guaiFENesin 20 ☐ 10 mL, PO, liq, q4h, PRN cough | | |
| | 40 mg, subcut, syringe, q24h, Prophylaxis, Pharmacy to Adjust Dose 30 mg, subcut, syringe, q12h, Prophylaxis, Pharmacy to Adjust Dose | per Renal Function | |
| | 30 mg, subcut, syringe, q24h, Prophylaxis, Pharmacy to Adjust Dose | | |
| | 40 mg, subcut, syringe, q12h, Prophylaxis, for BMI greater than 39, Pi | | Function |
| | dexamethasone-diphenhydrAMIN-nystatin-NS (Fred's Brew) 15 mL, swish & spit, liq, q2h, PRN mucositis | | |
| | While awake ☐ 5,000 units, subcut, inj, q12h | 5,000 units, subcut, inj, q8h | |
| | Fondaparinux may only be used in adults 50 kg or GREATER. | 5,555 arms, subsat, mj, qom | |
| | Prophylactic use is contraindicated in patients LESS than 50 kg. | 500 mg, PO, tab, q6h, PRN pa | in-mild (scale 1-3) |
| | 1,000 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) | | |
| | ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h *****IF acetaminophen ineffective/contraindicated, USE ibuprofen if or | | |
| | 650 mg, rectally, supp, q4h, PRN pain-mild (scale 1-3) | | |
| | ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h | | |
| | *****IF acetaminophen ineffective/contraindicated, USE ibuprofen if or | dered:^^^^ | |
| 1 | Analgesics | | |
| | ibuprofen ☐ 400 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) | | |
| | ***Do not exceed 3,200 mg of ibuprofen from all sources in 24 hours** | *. Give with food. | |
| | 2.5 mg, subcut, syringe, q24h | | |
| | Select either HYDROcodone-acetaminophen or acetaminophen-codeine | #3,100utmogntPothtab, In PM | |
| | HYDROcodone-acetaminophen (HYDROcodone-acetaminophen 5 mg | 3-325 mg oral tablet) | |
| | 1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) Do not exceed 4,000 mg of acetaminophen from all sources in 24 hou | | onhen ineffective/contraindicated |
| | or the patient is NPO, USE ketorolac if ordered**** | | |
| | - | 2 tab, PO, tab, q4h, PRN pain- | moderate (scale 4-7) |
| | acetaminophen-codeine (acetaminophen-codeine (Tylenol with Code | ine) 300 mg-30 mg oral tablet) | |
| | 1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) Do not exceed 4,000 mg of acetaminophen from all sources in 24 hou | rs.**** If acetaminophen-codeine | #3 ineffective/contraindicated |
| | or NPO, USE ketorolac if ordered.***** | • | |
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| Physician S | Signature: | Date | Time |

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

Patient Label Here

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| | Place an "X" in the Orders column to designate orders of choice AND a | an "x" in the specific order deta | il box(es) where applicable. |
| ORDER | ORDER DETAILS | | |
| | 81 mg, PO, tab chew, Daily 325 mg, PO, tab, Daily | 2 tab, PO, tab, q4h, PRN pain-m | oderate (scale 4-7) |
| | ketorolac 15 mg, IVPush, inj, q6h, PRN pain-moderate (scale 4-7), x 48 hr ***May give IM if no IV access*** | | |
| | morphine 2 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) *****IF morphine is ineffective/contraindicated, USE HYDROmorphone if 4 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) *****IF morphine is ineffective/contraindicated, USE HYDROmorphone if | | |
| | HYDROmorphone ☐ 0.2 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) ☐ 0.6 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) | 0.4 mg, Slow IVPush, inj, q4h, P | RN pain-severe (scale 8-10) |
| | Antiemetics | | |
| | promethazine ☐ 25 mg, PO, tab, q4h, PRN nausea/vomiting *****IF promethazine is ineffective/contraindicated or patient is NPO, USI | E ondansetron if ordered***** | |
| | ondansetron 4 mg, IVPush, soln, q8h, PRN nausea/vomiting | | |
| | Gastrointestinal Agents | | |
| | docusate 100 mg, PO, cap, Nightly, PRN constipation *****IF docusate is contraindicated or ineffective after 12 hours, USE bisa | acodyl if ordered**** | |
| | bisacodyl 10 mg, rectally, supp, Daily, PRN constipation *****IF bisacodyl is contraindicated or ineffective after 6 hours, USE Flee | t Enema if ordered**** | |
| | sodium biphosphate-sodium phosphate (Fleet Enema) 1 ea, rectally, enema, Daily, PRN constipation | | |
| | loperamide | | |
| | loperamide ☐ 2 mg, PO, cap, as needed, PRN diarrhea 2 mg after each loose stool, up to 16 mg per day ☐ 2 mg, PO, liq, as needed, PRN diarrhea 2 mg after each loose stool, up to 16 mg per day | | |
| | Antacids Al hydroxide-Mg hydroxide-simethicone (aluminum hydroxide-magnesi suspension) 30 mL, PO, susp, q4h, PRN indigestion | ium hydroxide-simethicone 200 | mg-200 mg-20 mg/5 mL oral |
| □ то | Administer 1 hour before meals and nightly. | Scanned Powerchart | Scanned PharmScan |
| Order Take | en by Signature: | Date | Time |
| Physician S | Signature: | Date | Time |

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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

Patient Label Here

| | PHYSICIA | N ORDERS | | |
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| <u> </u> | Place an "X" in the Orders column to designate orders of choice AN | D an "x" in the specific orde | r detail box(es) where applicable. | |
| ORDER | ORDER DETAILS | | | |
| | simethicone ☐ 80 mg, PO, tab chew, q4h, PRN gas | ☐ 160 mg, PO, tab chew, q4l | n, PRN gas | |
| | Sedatives | | | |
| | ALPRAZolam ☐ 0.25 mg, PO, tab, TID, PRN anxiety ******IF ALPRAZolam is ineffective/contraindicated or patient is NPO, to the contraindicated or patient is not not necessarily and the contraindicated or patient is not necessarily and the contraindicated or patient is necessarily and the contraindicate | JSE LORazepam if ordered*** | ** | |
| | LORazepam ☐ 1 mg, IVPush, inj, q6h, PRN anxiety | 0.5 mg, IVPush, inj, q6h, P | RN anxiety | |
| | zolpidem ☐ 5 mg, PO, tab, Nightly, PRN insomnia may repeat x1 in one hour if ineffective | | | |
| | Antihistamines | | | |
| | diphenhydrAMINE 25 mg, PO, cap, q4h, PRN itching *****IF diphenhydrAMINE PO is ineffective or patient is NPO, USE dip | henhydrAMINE inj if ordered** | *** | |
| | diphenhydrAMINE ☐ 25 mg, IVPush, inj, q4h, PRN itching | | | |
| | Anti-pyretics | | | |
| | acetaminophen □ 500 mg, PO, tab, q4h, PRN fever ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h *****IF acetaminophen is ineffective/contraindicated, USE ibuprofen if □ 1,000 mg, PO, tab, q6h, PRN fever ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 h ******IF acetaminophen is ineffective/contraindicated, USE ibuprofen if | ordered***** nours*** | | |
| | ibuprofen ☐ 200 mg, PO, tab, q4h, PRN fever Do not exceed 3,200 mg in 24 hours. Give with food. ☐ 400 mg, PO, tab, q4h, PRN fever Do not exceed 3,200 mg in 24 hours. Give with food. | | | |
| | Anorectal Preparations | | | |
| | witch hazel-glycerin topical (witch hazel-glycerin 50% topical pad) ☐ 1 app, topical, pad, as needed, PRN hemorrhoid care Wipe affected area *****IF witch hazel-glycerin ineffective/contraindicated, USE phenylep Continued on next page | hrine ointment if ordered***** | | |
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| Order Take | n by Signature: | Date | Time | |
| Physician S | Signature: | Date | Time | |

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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

| | PHYSICIAN ORDERS | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the | he specific order de | tail box(es) where applicable. |
| ORDER | R ORDER DETAILS | | |
| | phenylephrine topical (phenylephrine 0.25%-3% rectal ointment) 1 app, rectally, oint, q6h, PRN hemorrhoid care Apply to affected area ******IF phenylephrine ointment ineffective/contraindicated, USE hydrocortisone-pra | amoxine foam if ordere | ed**** |
| | Laboratory | | |
| | Anti Xa Level is to be drawn after three consecutive doses of enoxaparin. | | |
| | Anti Xa Level | | |
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| Order Taken by Signature: | | | Time |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: ELECTROLYTE MED PLAN - ICU ONLY

Patient Label Here

| | PHYSICIAN ORI | | |
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| 1 | Place an "X" in the Orders column to designate orders of choice AND an | "x" in the specific order det | tail box(es) where applicable. |
| ORDER | - | | |
| | Communication ICU Only - Adult Electrolyte Replacement (ICU Only - Adult Electrolyte Rep | olacement Guidelines) | |
| | T;N, See Reference Sheet | Stacement Guidennes, | |
| | Check below to select the Aggressive Potassium, phosphate, and magnesium. May then uncheck any replacement orders not wanted. | | |
| | Communication Order ☐ T;N | | |
| | Medications | | |
| | Medication sentences are per dose. You will need to calculate a total dail | • | |
| | Select only ONE of the following potassium replacement orders - Aggressive o | 00 | |
| | AGGRESSIVE IV POTASSIUM REPLACEMENT - Replacement doses for pot | assium levels less than or eq | ual to 3.9 mMol/L: |
| | potassium chloride 20-60 mEq, IVPB, ivpb, as needed, PRN hypokalemia If K+ level less than 3.1 mMol/L -Administer 60 mEq KCl ivpb, and contact p If K+ level 3.1 - 3.5 mMol/L - Administer 40 mEq KCl ivpb If K+ level 3.6 - 3.9 mMol/L - Administer 20 mEq KCl ivpb | provider | |
| | Administer at 10 mEq/hr. Repeat serum potassium level 2 hours after total | replacement is completed. | |
| | NON-AGGRESSIVE IV POTASSIUM REPLACEMENT - Replacement doses for | or potassium levels less than | or equal to 3.5 mMol/L: |
| | potassium chloride 40-60 mEq, IVPB, ivpb, as needed, PRN hypokalemia If K+ level less than 3.1 mMol/L -Administer 60 mEq KCl ivpb, and contact p If K+ level 3.1 - 3.5 mMol/L - Administer 40 mEq KCl ivpb Administer at 10 mEq/hr. Repeat serum potassium level 2 hours after total | | |
| | IV SODIUM PHOSPHATES REPLACEMENT: Select both sodium phosphate of | orders to replace phos levels | less than 1 - 2.5 mg/dL |
| | The following order replaces phos levels less than 1 mg/dL | | |
| | sodium phosphate 45 mMol, IVPB, ivpb, as needed, PRN hypophosphatemia, Infuse over 6 hr If Phos level less than 1 mg/dL AND sodium level less than 140 mMol/L - Administer 45 mMol sodium phosphate and notify provider. | | |
| (| Repeat serum phosphate level 6 hours after infusion completed. Continued on next page | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: ELECTROLYTE MED PLAN - ICU ONLY

| | PHYSICIAN ORDERS |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | PHYSICIAN ORDERS Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. |
| ORDER | ORDER DETAILS |
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| | |
| | The following order replaces phos levels from 1 - 2.5 mg/dL |
| | sodium phosphate ☐ 30 mMol, IVPB, ivpb, as needed, PRN hypophosphatemia, Infuse over 4 hr If Phos level 1 - 2.5 mg/dL AND sodium level less than 140 mMol/L - Administer 30 mMol sodium phosphate. |
| | Repeat serum phosphorus level 6 hours after infusion completed. |
| | IV MAGNESIUM REPLACEMENT: |
| | magnesium sulfate 2-4 g, IVPB, ivpb, as needed, PRN hypomagnesemia If Mag level is less than 1.6 mg/dL - Administer 4 g mag sulfate and notify provider if mag level is less than 1 mg/dL. If Mag level is 1.6 - 1.9 mg/dL - Administer 2 g mag sulfate. |
| | Administer at rate of 1 g/hr. Repeat serum magnesium level 2 hours after the infusion is completed. |
| | Laboratory |
| | Potassium Level |
| | Phosphorus Level |
| | Magnesium Level |
| | |
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| Order Take | n by Signature: Date Time |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: GERIATRIC DISCOMFORT MED PLAN

| | PHYSICIAN ORDERS | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| ORDER | ORDER DETAILS | | | |
| | Patient Care | | | |
| | Perform Bladder Scan Scan PRN, If more than 250, Then: Call MD, Perform as needed for patients complaining of urinary discomfort and/or bladder distention present OR 6 hrs post Foley removal and patient has not voided. | | | |
| | Medications | | | |
| | Medication sentences are per dose. You will need to calculate a total daily dose if needed. | | | |
| | benzocaine-menthol topical (Chloraseptic 6 mg-10 mg mucous membrane lozenge) 1 lozenge, mucous membrane, lozenge, q4h, PRN sore throat | | | |
| | dextromethorphan-guaiFENesin (dextromethorphan-guaiFENesin 20 mg-200 mg/10 mL oral liquid) 10 mL, PO, liq, q4h, PRN cough | | | |
| | melatonin ☐ 2 mg, PO, tab, Nightly, PRN insomnia | | | |
| | Analgesics for Mild Pain | | | |
| | Select only ONE of the following for Mild Pain | | | |
| | acetaminophen ☐ 500 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** ☐ 1,000 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** ☐ 650 mg, rectally, supp, q4h, PRN pain-mild (scale 1-3) ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** | | | |
| | ibuprofen ☐ 400 mg, PO, tab, q6h, PRN pain-mild (scale 1-3) ***Do not exceed 3,200 mg of ibuprofen from all sources in 24 hours*** Give with food. | | | |
| 1 | Analgesics for Moderate Pain | | | |
| | Select only ONE of the following for Moderate Pain | | | |
| | HYDROcodone-acetaminophen (HYDROcodone-acetaminophen 5 mg-325 mg oral tablet) 1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours **** | | | |
| | acetaminophen-codeine (acetaminophen-codeine (Tylenol with Codeine) 300 mg-30 mg oral tablet) 1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) ******** Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours***** 2 tab, PO, tab, q4h, PRN pain-moderate (scale 4-7) *********************************** | | | |
| | Analgesics for Severe Pain | | | |
| | Select only ONE of the following for Severe Pain | | | |
| | morphine 2 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) | | | |
| | HYDROmorphone ☐ 0.2 mg, Slow IVPush, inj, q4h, PRN pain-severe (scale 8-10) | | | |
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Time

Date

Version: 6 Effective on: 03/05/19

Physician Signature:

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: GERIATRIC DISCOMFORT MED PLAN

| | PHYSICIAN ORDERS | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| | Antiemetics | | | |
| | ondansetron ☐ 4 mg, IVPush, soln, q8h, PRN nausea/vomiting | | | |
| | Gastrointestinal Agents | | | |
| | Select only ONE of the following for constipation | | | |
| | docusate 100 mg, PO, cap, Nightly, PRN constipation | | | |
| | bisacodyl ☐ 10 mg, rectally, supp, Daily, PRN constipation | | | |
| | Antacids | | | |
| | Al hydroxide-Mg hydroxide-simethicone (aluminum hydroxide-ruspension) 30 mL, PO, susp, q4h, PRN indigestion Administer 1 hour before meals and nightly. | nagnesium hydroxide-simethico | one 200 mg-200 mg-20 mg/5 mL oral | |
| | simethicone ☐ 80 mg, PO, tab chew, q4h, PRN gas | ☐ 160 mg, PO, tab chew, q | 4h, PRN gas | |
| | Anti-pyretics | | | |
| | Select only ONE of the following for fever | | | |
| | acetaminophen | | | |
| | 500 mg, PO, tab, q4h, PRN fever ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** | | | |
| | 1,000 mg, PO, tab, q6h, PRN fever | | | |
| | ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** | | | |
| | ibuprofen □ 200 mg, PO, tab, q4h, PRN fever ***Do not exceed 3,200 mg of ibuprofen from all sources in 24 ho _ Give with food. | Durs*** | | |
| | 400 mg, PO, tab, q4h, PRN fever ***Do not exceed 3,200 mg of ibuprofen from all sources in 24 hours*** Give with food. | | | |
| | Anorectal Preparations | | | |
| | Select only ONE of the following for hemorrhoid care | | | |
| | witch hazel-glycerin topical (witch hazel-glycerin 50% topical particles) 1 app, topical, pad, as needed, PRN hemorrhoid care Wipe affected area | ad) | | |
| | phenylephrine topical (phenylephrine 0.25%-3% rectal ointment 1 app, rectally, oint, q6h, PRN hemorrhoid care Apply to affected area |) | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: ICU SEDATION AND PAIN MED PLAN

| | PHYSICIAN ORDERS | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| ORDER | ORDER DETAILS | | | |
| | Patient Care | | | |
| | Utilize the Richmond Agitation Sedation (Utilize the Richmond Agitation Sedation Scale) ***See Reference Text*** | | | |
| | Perform Awakening Trial Daily ***See Reference Text*** | | | |
| | ICU Pain/Agitation/Delirium Reference ☐ ***See Reference Text*** | | | |
| | Brain Function Monitoring ☐ 2 to 4 Channel EEG. | | | |
| | Communication | | | |
| | Notify Nurse (DO NOT USE FOR MEDS) Assess patient's sedation and pain level every 4 hours. | | | |
| | Medications | | | |
| | Medication sentences are per dose. You will need to calculate a total daily dose if needed. ****SEDATIVE MEDICATIONS SHOULD ONLY BE CIVEN AFTER DAIN IS ADEQUATELY CONTROLLED*** | | | |
| | ***SEDATIVE MEDICATIONS SHOULD ONLY BE GIVEN AFTER PAIN IS ADEQUATELY CONTROLLED*** | | | |
| | If delirium noted give: | | | |
| | haloperidol 5 mg IVPuch ini g2h PRN agitation | | | |
| | ☐ 5 mg, IVPush, inj, q2h, PRN agitation Notify physician if more than 100 mg is administered over 48 hours. | | | |
| I | Initial Dose | | | |
| | Pain Meds | | | |
| | morphine ☐ 2 mg, IVPush, inj, q10min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10. | | | |
| | fentaNYL 50 mcg, IVPush, inj, q10min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10. | | | |
| | HYDROmorphone ☐ 0.25 mg, IVPush, inj, q5min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10. | | | |
| | Sedation Meds | | | |
| | propofol | | | |
| | 25 mg, IVPush, inj, ONE TIME ***Sedative medications should only be given after pain is adequately controlled*** | | | |
| | midazolam 2 mg, IVPush, inj, q20min, PRN sedation ***Sedative medications should only be given after pain is adequately controlled*** | | | |
| | LORazepam ☐ 2 mg, IVPush, inj, q20min, PRN sedation ***Sedative medications should only be given after pain is adequately controlled*** | | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: ICU SEDATION AND PAIN MED PLAN

| | PHYSICIAN ORDERS | | | |
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| Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applica | | | | |
| ORDER | ORDER DETAILS | | | |
| | Intermittent Dose | | | |
| | Pain Meds | | | |
| | morphine ☐ 2 mg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10) To maintain pain level less than 4/10. May increase 1 mg every 2 hours to a maximum of 4 mg. ☐ 4 mg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10) To maintain pain level less than 4/10. | | | |
| | fentaNYL ☐ 50 mcg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10) Administer to maintain pain level less than 4/10. | | | |
| | HYDROmorphone ☐ 1 mg, IVPush, inj, q4h, PRN pain-with sedation (scale 4-10) To maintain pain level less than 4/10. | | | |
| | Sedation Meds midazolam 2 mg, IVPush, inj, q1h, PRN sedation ***Sedative medications should only be given after pain is adequately controlled*** | | | |
| | LORazepam 2 mg, IVPush, inj, q2h, PRN sedation ***Sedative medications should only be given after pain is adequately controlled*** | | | |
| | | | | |
| | Continuous Infusion | | | |
| | Pain Meds morphine 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 30 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL. ***Do NOT initiate infusion unless intermittent dosing has failed*** | | | |
| | Pain Meds morphine 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 30 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL. | | | |
| П то | Pain Meds morphine 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 30 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL. ***Do NOT initiate infusion unless intermittent dosing has failed*** fentaNYL 1000 mcg/100 mL NS - Titratable Start at rate:mcg/hr IV, Max titration: 25 mcg/hr every 10 minutes, Max dose: 250 mcg/hr Final concentration = 10 mcg/mL. ***Do NOT initiate infusion unless intermittent dosing has failed*** | | | |
| □ то | Pain Meds morphine 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 30 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL. ***Do NOT initiate infusion unless intermittent dosing has failed*** fentaNYL 1000 mcg/100 mL NS - Titratable Start at rate:mcg/hr IV, Max titration: 25 mcg/hr every 10 minutes, Max dose: 250 mcg/hr Final concentration = 10 mcg/mL. ***Do NOT initiate infusion unless intermittent dosing has failed*** Continued on next page | | | |

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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: ICU SEDATION AND PAIN MED PLAN

| | PHYSICIAN ORDERS | | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | | |
| ORDER | R ORDER DETAILS | | | | |
| | HYDROmorphone 20 mg/100 mL NS - Titratab (HYDROmorphone 20 mg/100 mL NS - Titratable) Start at rate:mg/hr IV, Max titration: 0.2 mg/hr every 30 minutes, Max dose: 3 mg/hr Final concentration = 0.2 mg/mL (200 mcg/mL). ***Do NOT initiate infusion unless intermittent dosing has failed*** | | | | |
| | Sedation Meds propofol 1,000 mg/100 mL - Titratable Start at rate:mcg/kg/min IV, Max titration: 5 mcg/kg/min every 5 minutes, Max dose: 50 mcg/kg/min Final concentration= 10 mg/mL (10,000 mcg/mL). ***Sedative medications should only be given after pain is adequately controlled*** | | | | |
| | ***Midazolam should NOT be used in patients with creatinine greater than 2 and/or for more than 72 hours*** midazolam 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 5 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL (1,000 mcg/mL). ***Do NOT initiate infusion unless intermittent dosing has failed*** ***Sedative medications should only be given after pain is adequately controlled*** | | | | |
| | LORazepam 40 mg/250 mL D5W - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 10 minutes, Max dose: 8 mg/hr Final concentration = 0.16 mg/mL (160 mcg/mL). ***Do NOT initiate infusion unless intermittent dosing has failed*** ***Sedative medications should only be given after pain is adequately controlled*** | | | | |
| | dexmedetomidine 400 mcg/100 mL - Titrata (dexmedetomidine 400 mcg/100 mL - Titratable) IV, Max titration: 0.2 mcg/kg/hr every 30 minutes, Max dose: 1.7 mcg/kg/hr Final concentration = 4 mcg/mL. ***Sedative medications should only be given after pain is adequately controlled*** Start at rate:mcg/kg/hr | | | | |
| | Laboratorv ***If patient remains on a propofol infusion after 48 hours monitor Triglycerides now and every 3 days until propofol discontinued.*** Triglycerides | | | | |
| | Notify Provider (Misc) (Notify Provider of Results) ☐ Reason: Triglyceride Level greater than 400 mg/dL | | | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: INSULIN DRIP PLAN NON DKA

| | PHYSICIAN ORDERS | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| ORDER | ORDER DETAILS | | | |
| | Patient Care | | | |
| | Insulin Drip Protocol ***See Reference Text*** | | | |
| | LOW Target Blood Glucose 100 mg/dL 140 mg/dL | ☐ 120 mg/dL | | |
| | HIGH Target Blood Glucose 120 mg/dL 160 mg/dL | ☐ 140 mg/dL | | |
| | POC Blood Sugar Check q1h, by fingerstick, CVL, or arterial line. DO NOT alternate sites without Physician approval. | | | |
| | Communication | | | |
| | Notify Provider (Misc) (Notify Provider of Results) Reason: Blood Glucose less than 60 or greater than 200, also notify | if two consecutive BG's less than 70 |). | |
| | Notify Provider (Misc) Reason: If other physicians order insulin subQ, IV, or in TPN, feedings are started, stopped, or changed, or if other physicans turn off drip for any reason. | | | |
| | Notify Nurse (DO NOT USE FOR MEDS) Obtain Serum Blood Glucose if Accucheck is less than 40 or greater than 450. | | | |
| | Medications | | | |
| | Medication sentences are per dose. You will need to calculate a total daily dose if needed. insulin R 100 units/100 mL NS | | | |
| | □ IV | | | |
| | Insulin Drip Formula: (BG - 60) x 0.03 = number of UNITS insulin/ho | pur | | |
| | BG = Current Blood Glucose | | | |
| | 0.03 = "multiplier" 100 units, Every Bag | | | |
| | glucose (D50) 25 g, IVPush, syringe, as needed, PRN low blood sugar Calculate D50W dose by the following formula: (100-BG) x 0.3 = milliliters of D50W to be given IV Push. Then divide by 2 to get grams of D50W | | | |
| | ***If Levemir dose is greater than 60 units, the dose should be split in half and given BID. One injection should not be more than 60 units.*** | | | |
| ¢ | insulin detemir ☐ units, subcut, inj, Daily To obtain Levemir dose perform the following: Average the last 8 hours of the insulin drip to units per hour. Multiply this times 20. Administer this amount of Levemir subcutaneously 2 hours PRIOR to discontinuing drip. Dose to be reassessed by physician every 24 hours. Continued on next page | | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: INSULIN DRIP PLAN NON DKA

| | PHYSICIAN ORDERS Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
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| ORDER | ORDER DETAILS | | | |
| ONDEN | units, subcut, inj, BID To obtain Levemir dose perform the following: Average the last 8 hours of the insulin drip to units per hour. Multiply this times 20. Administer this amount of Levemir subcutaneously 2 hours PRIOR to discontinuing drip. Dose to be reassessed by physician every 24 hours. | | | |
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| Physician Signature: | | Date | Time | |

OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: MECHANICAL VENTILATION PLAN

| | PHYSICIAN ORDERS | | | |
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| Г | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| ORDER | ORDER DETAILS | | | |
| | Patient Care | | | |
| | Patient Activity Bedrest, HOB elevation 30 - 45 degrees | | | |
| | Perform Oral Care Per Unit Standards, Use SAGE oral cleansing & suctioning system | | | |
| | ICU Progressive Mobility Guidelines | | | |
| | Medications Medication sentences are per dose. You will need to calculate a total daily dose if needed. | | | |
| | ocular lubricant | | | |
| | 1 app, both eyes, as needed, PRN dry eyes | | | |
| | Respiratory | | | |
| | Ventilator Settings | | | |
| | Ventilator Settings APRV | | | |
| | Ventilator Settings HFOV | | | |
| | Arterial Blood Gas | | | |
| | MICU Ventilator Weaning Protocol | | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: PCA MED PLAN

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| | PHYSICIAN ORDERS | | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | | |
| ORDER | ORDER DETAILS | | | | |
| | Communication | | | | |
| | Notify Provider of VS Parameters (Notify Provider if VS) RR Less Than 10, Patient becomes unresponsive | | | | |
| | .Medication Management (Notify Nurse and Pharmacy) ☐ Start date T;N If respirations fall below 10 breaths per minute or patient becomes unresponsive, stop PCA pump. | | | | |
| | IV Solutions | | | | |
| | ***CAUTION*** Ordering a continuous rate (Basal Dose), should be reserved for opioid tolera | ant patients who require hig | h dose therapy. | | |
| | ***DOSING NOTES***: | | | | |
| | Initial doses are for opioid naive patients. Chronic pain patients may required. Decrease initial starting dose by 25-30% in patients greater than 65 years hepatic, or pulmonary impairment. | | renal, | | |
| | Hydromorphone and fentanyl are recommended for patients with renal imporphine. | pairment and/or those who o | cannot tolerate | | |
| | morphine (morphine 30 mg/30 mL PCA) | | | | |
| | Dose (mg) = 1, Lock-out Interval (min) = 8, 4-hour Limit (mg) = 20, Start d | | | | |
| | Dose (mg) = 1, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 20, Start date/time T;N Dose (mg) = 2, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 40, Start date/time T;N | | | | |
| | HYDROmorphone (HYDROmorphone 6 mg/30 mL PCA) | data North Thi | | | |
| | Dose (mg) = 0.1, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 2, Start Dose (mg) = 0.2, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 4, Start | date/time T;N | | | |
| | Dose (mg) = 0.3, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 6, Start | date/time T;N | | | |
| | fentaNYL (fentaNYL 300 mcg/30 mL PCA) | | | | |
| | Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 100, \$\ \Boxed{Dose} \text{ Dose (mcg)} = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 150, \$\ \text{S} | | | | |
| | Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 150, Start date/time 1,N Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 200, Start date/time T;N | | | | |
| | If no IV Fluid is currently infusing, start 0.9% sodium chloride to keep vein op | en for duration of PCA | | | |
| | NS (Normal Saline) ☐ 1,000 mL final vol, IV, 20 mL/hr | | | | |
| | Medications | | | | |
| | Medication sentences are per dose. You will need to calculate a total de | aily dose if needed. | | | |
| | ACUTE MANAGEMENT OF RESPIRATORY DEPRESSION If respiratory rate is less than 10 breaths/min or patient is unresponsive | | | | |
| | 1. Stop PCA Pump | | | | |
| | 2. Administer naloxone (Narcan) as ordered until respiratory rate is greater than 10 breaths/min.3. Notify Physician | | | | |
| | naloxone ☐ 0.1 mg, IVPush, inj, q2min, PRN bradypnea May give undiluted or dilute 0.4 mg into 9 mL of normal saline for a total volume of 10 mL to achieve a 0.04 mg/mL concentration (0.1 mg = 2.5 mL). | | | | |
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OPEN AAA/MAJOR ABDOMINAL POST-OP PLAN - Phase: PCA MED PLAN

| | PHYSICIAN ORDERS | | | |
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| | Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable. | | | |
| ORDER | ER ORDER DETAILS | | | |
| | | | | |
| | Respiratory Continuous Pulse Oximetry | | | |
| | Continuous False Calmedy | | | |
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